

Vajra Dance:

Buddhist & Yogic Movement Workshop & Performance

February 23-25



About Vajra Dance

Take part in an **ancient yogic dance tradition from Nepal** that until recently was unknown outside of the circle of initiates who perform it. Known in Sanskrit as **Charya Nritya**, or “dance as a spiritual discipline,” this sacred movement is to support the Buddhist meditation practice known as deity yoga. Deity yoga “takes on” the appearance, ornaments, and awareness of the divinities of the Buddhist pantheon and their variously compassionate, peaceful, ecstatic, and wrathful energies.

About Prajwal

Prajwal Ratna Vajracharya is a Buddhist priest and the foremost living master of Charya Nritya. Born into a long line of priests, he started his training at age eight, and was publicly performing the dance at age twelve. Prajwal has devoted his life to bringing this ancient tradition to the world, while adhering to its original purpose as a profound spiritual practice. He continues to travel the world performing and teaching in museums, spiritual centers and temples, performing arts theaters, universities, and schools.

The price for the entire weekend plus performance is only \$180!

Friday: Demonstration and Lecture \$15

Saturday: Workshop (Part 1) \$75 **Performance** \$20

Sunday: Workshop (Part 2) \$105



YOGA



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