By Sarbgya Ratna Vajracharya

The Nepal Valley full to the brim with Buddhist culture established by Adi Buddhas like Dipankara is a land of glory graced by Swayambhu Mahachaitya, the self-emanating light, a vast array of Chaityas, temples, Jinalaya (monasteries), home of saints and sages. Nepal is a country with a long tradition of Sravakayana, Mahayana, and Vajrayana Buddhism since the ancient times to the present day accompanied by a continuous flow of rituals, cultural activities in the form of fairs, pilgrimages observed with piety and devotion. The august presence of Swayambhu Mahachaitya and a magnificent chain of monasteries has rendered the cultural tradition a meaning and a purpose.

It is this Swayambhu Mahachaitya which was the pivot of meditation, yogic practice and Buddhist rituals in the past. There is Sangha in each Vihar. Worship is done in each Agama. People carry on Buddhist ritual activities through meditation, yoga, and worship, praying for the attainment of Nirvana and Bodhisattvahood. People dedicate their lives to public welfare in every possible way in order to attain Nirvana. There is a tradition of doing welfare of the people by becoming siddhas and Bodhisattvas. Besides this, Vajrayana is practiced and Chachas are sung and chacha dances are performed to explain the meanings of various concepts of Vajrayana philosophy in a simple and delicate manner. By keeping each tradition alive, our ancestors living in bahas and bahis had living. The cultural history of Nepal bears witness to this fact. This very chacha tradition is still alive among the Vajracharyas and Shakyas. This is the main reason why Manjushri and Swayambhu Mahachaitya, the Builders of Nepal's glorious past, can never be forgotten. Both will continue to be objects of veneration and piety in the distant future.

Origin of the Kathmandu Valley

If we look back into the antiquity of the Kathmandu Valley, and its physical composition and geographical condition, the contribution of Swayambhu Mahachaitya and Manjushri becomes evident. In ancient times the Kathmandu Valley was Nagadaha, a big lake full of water to the brim with Nagaraja and other Nagas living there. It is surrounded all around by a ring of mountains called Jamacho, Dhinacho, Fucho and Siphucho.

As this Valley was an abode full of natural beauties, it was an enchanting land. Therefore, the saints and sages of the hoary past came to this place accompanied by their disciples and settled here.

In course of time Sri Vipaswri Tathagata of Bandhumati Nagara came to Jatmatrocha (Jamacho) with his team of disciples. He was enamored by the beauty of Nagadaha. The meditated and enhanced his power of thought. Then, he threw the seeds of the unearthly nectar- like Paleswan (lotus flower) over the Nagadaha. This holy act fell on the Full Moon Day of Lhutipunhi in the spring season. A few years after the Adhisthan (initiation) the seed sprouted on the Full Moon Day of Katinpunhi in Aswin in the autumn and a lotus of thousand petals came forth. The radiance and splendour of Nagadaha increased further. The radiant light of the glittering lotus spread here and there lending mysterious enchantment to the already pleasant environment of Nagadaha.

Due to the radiance of the lotus in the form of mysterious light of Nagadaha Shikhi Tathagata of Arunpuri and Viswabhu Tathagata of Anupama Nagara accompanied by their disciples came to Nagadaha to pay obeisance and see the resplendent lotus. Realizing the things to come in future and with deep contemplation they passed into oblivion in that mysterious light.

In course of time, Guru Mahamanjushri came to the Nepal Valley with his disciples to pay obeissance to Jyotirupa lotus. He then contemplated that it would be better could be transformed into a place of human settlement. He then cut Nhasikapa with his (Chandrahas Khadga) sword and drained out the water of Nagadaha. The latter was then made worth inhabitable by human beings and was converted into a land of civilisation. Nepal Mandala (the Kathmandu Valley) came to exist with the help of devotees who came to the valley under the leadership of Mahamanjushri and the inhabitants of hills surrounding the valley. It is because of this deed of Guru Mahamanjushri for the welfare of mankind that Manjushri was given the epithet of Guru, Maha and Jinasiddhi.

Establishment of Vihars, Sanghas

After the Nepal Mandala was established by making it inhabitable, Sahyanga Vihar (Swayambhu Vihar) was constructed in order to facilitate the direct view of the lotus with Swayambhu Jyotirupa and to convey the mysteries of Swayambhu Jyotirupa. This was the first Vihar in the Kathmandu Valley. After the establishment of this Vihar Guru Mahamanjushri introduced a Sangha system and made Gunakara, his disciple, accompanying him, the first Sanghanayaka (leader or head of the Sangha) and also entrusted him the responsibility of maintaining the Vihar.

Later, with a view to protecting the land for continuing the auspicious activities uninterruptedly, Dharmakara was appointed king with the title of Chhetradhipati Bhumipati (Governor of the region in charge of the land). The land thus established was named Manjupattan (named after Manjushri) and its capital was named Rajpattan. After the naming of the valley and its capital, the development in agriculture and settlements, was made for the continuation of the lives of the people of the valley. Arts such as architecture, handicrafts, sculpture were developed to beautify the valley. Different kinds of people contributed in their own ways to develop and create unique art works. They involved the rituals and cultural traits suitable to the typical environment and sensitivity of the land hallowed by the presence of Buddhist divinities and birth of Gautam Buddha. Thus, along with the foundation of the Kathmandu Valley following the emanation of Swayambhu Jyoti, Manjushri saw the establishment of separate bahas and bahis, evolution of rituals and customs and thus laid the strong foundation of development presenting the Nepal Mandala as a speciamen of civilisation.

In course of time Krakuchhanda Tathagata came to the Kathmandu Valley along with his disciples to pay obeissance to Swayambhu Jyotirupa. He was attracted by the magnificent beauty of pure environment of Swayambhu. He stayed here for some days before departing for Siddhi Phulocha (also called Siphucha) mountain. He ordained some disciples conferring Upasampada and also performed the Chudakarma (tonsure ceremony) there. After teaching yoga, Dhyana (meditation) and philosophy he initiated the disciples into monkshood. Thus, he added a new dimension in the history of Nepal Mandala (the valley) through the evolution monkhood.

Then, came Kanakmuni Tathagata from Shobhavati Nagara (city), Kashyapa Tathagata from Benares and Shakyamuni Tathagata from Kapilvastu Mahanagara (great city) to Swayambhu to have a look at Swayambnu Jyotirupa Paleswan. They were all influenced by the life style of the people and the culture and civilisation of Nepal Mandala built by Guru Manjushri. They found that the valley was full of spiritual feelings with healthy environment appropriate to the social climate of time. Among the Tathagatas, Shakyamuni Tathagata personally visited the spot of Swayambhu Jyotirupa with his disciples, Shakyamuni related the story of Swayambhu Jyotirupa to his disciples to the latter's satisfaction. He became very popular. The scripture remaining with us today in the form of collection of the teachings of Shakyamuni is Swayambhu Purana (also called Brihat Purana)

Prachandadeva of Gauda came to Swayambhu with Kasyapa Tathagata. He had Darshan and worship of Swayambhu Jyotirupa. He was in enamocered by the splendid atmosphere of the area and decided not to leave the place. He received initiation from Bhikshu Gunakara who was then staying at Swayambhu. After receiving the Vajracharya Abhisheka, he became a Vajracharya. From then onwards he was known as Shantikaracharya.

Shantikaracharya transformed Swayambhu Jhotirupa into Swayambhu Mahachaitya. After this he gave it a shape of Sri Dharmadhatu Vagisvar Mahachaitya. Then, the name Sahyanga Mahavihar was changed to Dharma dhatu Mahavihar. Later, Shantipur, Agnipur, Basupur, Vayupur, Nagpur, etc were established there. Because of this virtuous activity, a host of wise men, siddhas, saints came there and did a variety of Sadhanas (propitiation). This has been the tradition that is still living.

Bodhisattva and Bodhisattva charya

The tradition perpetuated by Guru Mahamanjushri, Dharmakar, Guanakara, and Shantikarachaya expanded further.

The tradition of granting recognition to the people who contributed to the public welfare by withholding Nirvana was prevalent in Nepal. These people who did welfare activities were called Bodhisattvas and were highly honored. This may be the reason why Mahamanjushri, the builder of Nepal Manadala, was given the epthet of Bodhisattva. Bodhisattva charya is highly respected in Buddhist culture. To feel others' pains and suffering as own pain and suffering full of compassion for all sentient beings is called Bodhisattva charya.

Bodhisattvahood holds a place of great importance in Buddhist culture. Bodhisattvahood is very much significant in religious-cultural tradition of Nepal. This is manifest from the fact that the people of Nepal cherish the belief that one must contribute one's mite in all possible ways for the welfare of maakind. Therefore, the Boddhisattva is one who suspends his own Nirvana (salvation) for the liberation of other people and who remains always ready and active for the good of the society.

Among the Bodhisattvas, who made name by virtue of self-service to the mankind were Manjushri, Arya Avalokitessvara, Padmapani, Vajrapani, Maitreya, etc. They were among Ashta (eight) Bodhisattvas and Shodasa (sixteen) Bodhisattvas.

Worship of Vihar and its objective

It is because of the untiring efforts of Guru Mahamanjushri and Gunakara, the swayambhu Vihar was established for the specific purpose of preserving the Swayambhu Jyotirupa. Bahas and bahis were constructed specially for the creation of space for undertaking the activities of Bodhisattvas. The main objectives of the construction of bahas and bahis are to lend life to human values to sustain the continuity of the tradition of respecting the Buddhist life and culture, to impart right teachings for the welfare and happiness of mankind, to keep abreast with the pure Buddhist disciplined life.

Vihars, bahas and bahis are the seats of learning where education is imparted to enable the seekers of knowledge to take the path of pure and peaceful Sambodhi Marga (path of enlightenment). It is because of the living tradition of respecting the great people that the images of Shakyamuni Buddha and Bodhisatvas have been installed in the Vihars, bahas and basis in a large number. Besides this, there are Agama Kuthi (room of Tantric worship) in the houses of Shakyas and Vajracharyas. In Agamakuthis, religious activities such as yoga practice, mediation and Tantric exercises are performed. It is in these rooms that various Samvaras like Heruka and Vajrayogini are invoked by various yogi practices. Then, there is the tradition of imbibing the spirit of Bodhisattvahood by holding the ideals of Vajrayana deities such as Heruka and other Samavaras and by fully practicing the ideals. There is the practice of performing various ritual activities and worships impregnated with mysterious and secret meanings followed by Tantric and Yantric meditation. In course of the ritual activities Chacha (song) is recited; chacha dances are performed; Panyata (a kind of musical instrument specially used by Vajracharyas) is played. All these activities combined together give a sense of Vajrayana Buddhism. This tradition continues unabated.

The worship ritual borne out of the Vajrayana Tantric tradition has been occupying a special place in the society of Newars. The typical ritual activities are invariably accompanied by specific important customs and activities. The tradition of Charya and Chacha may be taken as a living example. As mentioned above, charya and chacha is the embodiment of the feeling of wishing the good of all sentient beings in all possible ways. In other words, taking an initiative to do good to the world by becoming the Buddha by performing charya or chacha activities and cherishing the same is an important aspect of worship ritual of Vajrayana.

To do worship does not mean simply offering Nila (holy water), Swan (flowers), rice, accepting Tika (red powder mark) on the head and chanting stotra (hymns). It also includes paying respect and honoring the worthy people.

After the construction of the bahas and bahis to keep alive the practice of initiation, education and installation of the images of Buddha Shakyamuni and Boddhisattvas in their honour, Buddhism flourished. The linkage among vihars was established and along with this there was the promotion of Buddhism. Buddhist art flourished. Sacred scriptures were copied and exchanged. In addition to this, Puja Vidhi (worship ritual) activities were systematised and the order of initiation was upgraded and diversified.

There are many kinds of Puja. Puja done openly in public places, in temples, Vihars and pilgrimages, etc. are known as vibidha Puja miscellaneous worship. This worship also includes worship such as Sapta Vidhanutara Puja, Kala Puja, Homa Puja, etc. . Puja done in Agma collectively is called Agama Puja () Guhya (secret) Puja. Similarly, along with various rituals like Mansahuti () shosahuti (), there are other Chakhapujas (a cycle of Pujas) like Pancha bhiseka (), Kalasabhiseka (), Acharya abhisheka (initiation of Acharya), Dasaabhisheka (), Chaturdasa vabhiseka () Along with

the regulation of bahya (external) and guhya (internal, private) Pujas, the Puja ritual activities have been objects and instruments of worship. By all these means the tradition of bahas and bahis has been kept alive. The same tradition has been continued by Vajracharyas.

Introduction of Chacha

In order to perpetuate and preserve Vajrayana Buddhism bestowed by the Buddha, and Bodhisattvas through external and internal Pujas in their respective bahas and bahis, the former Acharyas had continued the practice in tune with the spirit of time. In this context, Charyagiti (Chacha song), Charya Nrtya (Chacha dance) constitute a potential treasure of the philosphy of Vajrayana Buddhism. This chacha does not exist simply in the form of a musical and poetic devotional song, but is also a medium of instilling the enthusiasts and devotees into the philosophy of Prajna, (Knowledge), Karuna (compassion) and Prajnaupaya (ways of Knowledge) through the knowledge like that of Pragaparamita being fully immersed in spiritual thinking and enternal truth. In this context, charya is one of the elements which is very much important in this external and internal tradition. There is the practice of chanting Chacha, Charya and cha: cha: the tradition of chachas like Vajragiti, Charyapada, etc within the Tantra tradition continues properly in the Nepal Valley, since the past.

The manifestation of the female deities of this tradition such as Heruka, Khaganana, Hevajra, Nairatna, Vajrayogini, etc. has taken place at the time of manifestation of Swayambhu Jyotirupa. In line with this tradition, after the Nepal Valley was made worthy of settlement by cutting of the ridge of Nagadaha with his Chandrahasa Khadga (sword named Chandrahasa) by Guru Mahamanjushri, a party of men who had seen Jyotirupa made a search of the spread of root of the lotus and eventually had the Darshan of Khagana Devi (Guhyes tiwari) After the Darshan of Khaganana Devi, Chacha of Hevajra Nairatnma (also called shodasabhuja chacha) was chanted and Puja was offered in full praise of Khaganana Devi. Similarly, he (Manjushri) had darshan of chakrasmvara and Vajravarahi and also chanted chacha. This is still a popular belief among the Buddhist of Nepal.

After Manjushri, it was Shantikaracharya, who contributed to the development of swayambhu after establishing Shantipura, and performing sadhana (propitiation) of Vajrajogivni, composed a chacha called "Bama Khatpara" and himself chanted the same. ShantiKaracharya also, it is said, chanted the chacha called Manjunatha in memory of Manjushri. Looking at all these developments, it is evident that Guru Mahamanjushri was instrumental in evolving the Tantric tradition in the Nepal Valley. Swayambhu Puruna is a living proof of this.

What is Chacha?

There are differentces worship rituals in the Vajrayana tradition. The difference is because of the important role chacha song and dance plays in the Vajrayana ritualism. The word chacha is itself derived from the combination 'cha' of charya and 'cha' of charcha Propitiation of gods and goddesses following the rituals in accordance with the dictates of scriptures for the fulfillment of desires and also performance of the religious ceremonies of the same are itself known as charya Similarly, the composition and intonation of Mantras required to be spelt for the propitiation of gods and goddesses in chacha. It can, therefore, be said that chacha and charya are complementary to each other.

In the very act of hearing from the ears, seeing from the eyes and talking from the mouth and thinking by the mind and the possibility of attaining meditation without any effort through the concentration of Tana (body) vaka (speech) and chita (mind) is embedded in chacha song and chacha dance. The chacha dance required for cahrya activity such as havznd postures, acting, movement of feet and spelling of mantras support the performance of chacha, Then, the chanting of chacha lends meaning to the charya activity. If a group of devotees sing chacha songs another group of devotees dance doing various gestures and postures, movement of hands and feet, in strict rhythm concentrating the body, speech and mind lost in Raga rapt atlention and tune. The tune of Tin Chhun (av kind of cymbalv instrument), the loud-beating of Dabdaba (a kind of Nepali musical instrument) by the singers chachapa (singers of chacha) lend enchantment to already joyous environment. The environment becomes so much sanctified that it gives the impression that it was a gathering of gods and goddesses manifesting themselves in the form of singers and dancers.

In course of the analysis of the chacha in this manner, it is to be recalled that the noted Tantric master Vakarajra had composed a chacha in red letters. He had written that Agama is equivalent to Veda and Purana, the sacred scriptures of the Hindus. The idea deserves attention and though. The Veda as mentioned here is a treasure of knowledge. Therefore, chacha is storehouse a of the knowledge of Agama Guhya Gyan (secret knowledge of Agama), or shunyata a viod. In order to fully understand it, yoga and meditation are necessary and the knowledge of yoga and meditation can be understood only by the instruction of Gurus. Therefore, chacha dance may be taken in the form of a Guru who gives instruction of Vajrajana. Similarly, Tantric master Suratavajra in chacha called Dinmani Mandita mention has been made of Mangal Gita which literally means auspicious song. This also confirms that chacha is essentially sung on an auspicious occasion and for welcoming an auspicious hour. It is convenient say that chacha means providing instruction to the pursuers of charya and to those who go ahead absorbed in charya.

Place of Chahca in Tantra

In the Vajrayana Puja rituals which have been in vogue in the form of a Sadhana to oneself realis the external truths by dedicating one's life to meditation and spirituality, there are chakrapuja and various worship rituals of Sadhana. According to Tantricism, the Yoginis must perform worship activities accompanied by music and dances. In Sambarodaya Tantra, it has been said that the worship of Vajrayogini must be accompanied by hymns and psalms Similarly, in Hevajra Tantrarajaya, it was written :

Vajra Dharmastha Buddhai Yoginischa Matribhi. Abhyangita Nratyabhyan Giyeta Nratyata Parama

It is also said that, there are various Charyagiti (Charya songs) in Tantras. They are called Charyagita Vajragiti. For example, there are Tribhuvan Jawalati (lighting the three words) and Hudun deha in Chatupitra tantra, Kolai and Paramrato chachas in Hevajra Tantra and Uthamrand chacha in Krishna Yamari Tantra. Sticking to this tradition, our ancestors living in their Agama, caves, valley and mountains kept the words of the Tantra in their mind and did Puja (repeating the prayers) Dhyana (meditation), Sadhana. in accompaniment of all these sacred activities and has kept alive the chacha song and dance. This tradition still continues.

In course of singing chacha and composing chacha, not only Acharyas, Siddhas, Vajracharyas, Brahmins but also Bhikshuns had composed chachas and recited them. This is mentioned in the book of chachas.

There is a legend popular among the Buddhists of Nepal that the Tantric siddha Vakvajra went to Kashi (Benares), sang chacha eulogizing the Kasyapa chaitya (also called Sigha Dyo) and brought to Nepal by air. Tantric Gurupuratvajra sang the chacha called Jayanwachhali and crossed the Brahmasutra river while coming to Nepal form Tibet. It is also said that Manjuvajra (popularly known as Jamana Gubhaju) prostrated on the ground, fed his sheep the twigs of the tree by catching the branches of the very tall tree by the fingers of his feet while singing the chacha song. Similarly, Bandhudatta Acharya did Padhyamtaka Sadhana, sang chacaha, and draggedby tying with a thread called Pashuka. This thread is usually used for auspicious occasions. Similarly, there are numerous stories of the supernatural miraculous powers performed by ancestor Acharyas. The sadhana done with the accompaniment of the Tantric based chacha, Raga and tune is an important aspect of chacha and Vajrayana tradition. For the people who follow the same line, it is a daily activity.

Variety of Chacha

In the course of singing and composing chacha is used in different situations and for different objectives suitable to various motives and feelings of pujas. This may be described in the following words :

1. Puja chacha : Chacha sung within the certain limits following certain rules and practices.

2. Dya chacha : Chacha sung for certain gods and goddesses specially consecrating to the Mula deity (the presiding deity).

3. Bhwaya chacha : Chacha sung after feasting during ordinary puja, Guhya Puja or Ganachakra Puja, or Dhyogu Puja (Puja of patron deity).

It is not necessary that all chachas must be accompanied by dances. Chachas which are made systematic in accordance with Puja ritual are sung accompanied by dance. In other words, chacha that is tied up with the Puja rituals follows dramatic performances.

Thus, we come across a variety of chachas. For example, (1) chachas symbolising the Dhyana gesture of deities, (2) chachas demonstrating the purity of a thing, (3) Chacha expressing beauty full of romantic love (4) Chacha giving sense of the philosophy of transitoriness of life, and (5) chacha displaying the spell of mantra.

Authors and singers of chacha have composed chachas for various purposes. The list of chachas is a witness to this fact. The following may give a hint to the above statement.

1. Chachas composed by Acharyas (Vajracharya Gurus) at the request of yajmans (clients) for fulfilling the wishes of Danapati (a generons person offering charity).

2. Chacha that comes out of the outburst of feelings of Acharyas,

3. Chachas that are composed when seeking refuge of Ishta Devata (tutelary deity), Kuldevata (guardian deity.)

4. Chacha replete with in imfeelings of the good of sentient reverence the prays for the Guru.

5. Chacha expressing the feelings of the good of all sentient beings full of compassion

The role Raga (ordder of sound) in chacha :ñ Raga is an integral part of music, As to the requirement of Raga in accordance with the limitation of Raga chacha is sung by modulation of sound by balancing the high and low sound of steps of Raga Charya. There are also many chachas which have to be been sung by mixing the two different kinds of raga.

Rvagas of this kind are 42 in number. Out of them, more popular ones often used are : Nata Bhairab, Bhairabi, Kamoda, Bibhasa, etc.

Tala (Rhythm, tune) of chacha

As Raga is an integral part of music, Tala is equally an important and indispensable part of music. Raga and Tala are two sides of music, just like two sides of a coin. Music is inconceivable without Raga and Tala. It is because of this, that in the chacha song. Tinchhu is used in the form of a musical instrument. In some chachas Dabdaba (Damaru like musical instrument) is also used in some chacha songs as a musical instrument. Similarly, there is also the practice of playing a musical instrument called Panyata during a special worship or chakra puja. This is a special characteristic of chacha. So far, 12 kinds of Tala have been identified. Out of them, more popular Talas are Jati, Matha, Khatankar, Trihura, Jhapa, Durjaman, etc.

Amount the indispensable things required for the chacha song are -text, Tinchhu (it is also called Ta) and Dabadaba. But, for the worship of most secret Pujas, Panchatala (also called Payantajwalan) musical instruments are also used. Payantajwalan consists of Kwata, Tinchhu, Panyanta 10 pieces and Babhu (Khwalimali).

Chacha dance

Among various aspects of Vajrayana Buddhist rituals, Chacha dance occupies an important place Chacha is very popular dance performed in tune wiht the spells of mantra. The platform or Babu (a kind of platform). This dance is well preserved by Vajracharyas and Shakyas or the Kathmandu Valley. The practice of chacha songs and practices is still continued to attain eternal truth with full of spiritual fervor accompanied by Navarasa, Tribhangi Mudra, being seated in Agama in Tandava beautiful, pensive and graceful posture followed by various kinds of Chakarapujas, Ahoratra day and night) Puja and Guhya Puja.

The specialty of chacha dance is that it is inextricably linked with yoga, dhyana, japa (repetition of mantra), samadhi (deep meditation) in pursuit of swarapada (word), charya pada (in degree of charya), Hasta mudra (hand gesture), control of movement bound by the shastra (science) of chacha dance. The experience of Mahasukha (supreme happiness) from chaturananda (four kinds of joy) such as Ananda (joy), Parmananda (supreme joy) Birmananda (joy emanation from brave deed) and Sahajananda (joy that comes without any effort) that can be experienced is a specialty of the chacha dance.

Role of gesture in chacha dance

Chacha song, chacha dance, gesture, movement of steps, etc are mainly functions connected with worship. This has already been said alove. There is also a compulsion to do worship with the expression of feelings

within the seat of Mantra without singing chacha and striking Ta. During the Gurumandala Puja which is indispensable for all important pujas, feelings have to be expressed through the movement of hands. The Bhavamudra includes Garuda mudra, Chakramudra, triangular Dharmodaya Mudra, Mudra called "Ja hun wan ho" or Akarshan Mudra, Praves Mudra, Bandhan Mudra, Toshan Mudra. Apart from this, there is also a tradition of Hetuakarshan Mudra, Alinganamudra, etc to be accompanied in the above ritual activity. Again, along with the presence of sodasa Lasya (sixteen enamouring postures of fodasa goddesses of worship, the postures of sixteen Dikpalas have to be gathered, Thus, according to the difference of worships, basis of postures continue to change in their number. Therefore, in some worship if posture makes its presence felt when standing upright and moving steps, in some postures posture makes its presence felt by meditation with legs tied to the ground. There is no connection of Raga and Tala in these things. Even then, it is not a lyrical ballad. It is very much like a charya nrtya.

The entire Mudra to be used in charya dances can be divided into two parts. Samyukta (mixed) Hasta mudra and Asnauyukta (unmixed) Hastamudra. Samyukta Hastamudra is one in both hands have to work. For example, Samadhimudra, Bodhyongamudra, Padma mudra, etc. Asanyukta Hastamudra is the mudra done with only one hand. The examples are Samadhimudra, Bodhyangamudra, Padma Mudra, etc. For example, Abhaya Mudra, Bara Mudra, Bhunisparsha Mudra, etc. It is these mudras which lend chacha dance a life.

Looking at Mudras from these angles, meditation is done in Samadhimudra, accepting chaturbrahamvihar and cherishing Parmartha (eternal truth) like Dasaparamita. If Bhumisparsha (ground touching) Mudra is the Mudra for standing, Bodhyangamudara is the mudra which makes one realise what one has already known. Abhayamudra is one which frees one from suffering, fear and tension. Bara mudra is one which only offers without expecting anything in return. It is in these. It is in these Mudras and feelings that Bhawan (Lord), attained Bodhihood, took the path of Nirvama and showed mankind the path of salvation. The Buddha could attain supreme enlightenment by freeing himself from the bondage of suffering by sitting in Samadhi Mudrasitting in bhmisparsha Mudra and by destroying Mara (the evil temptations).

After this, in order to propagate the supreme knowledge he has gained through meditation Skakyamuni Buddha once again sat himself in Bodhanga, Mudra and did Dharmachakra Pravartana for turning the wheel of the cycle of Dharma. Shakyamuni Buddha strictly practised the feeling of compassion and was happy to devote time to the service of mankind full of compassion and contempt for mis-doings in the world. Then, the Buddha assumed the Baramudra for relieving the world from sufferings.

It is not only that Tantras have defined the Mudras categorically but also that the paths leading to results in cognition of the uses of various Mudras. If the rupa (form), which is indestructible like vajra as described in Yoga, Ratna, Mala is itself called Mudra, Mudra is itself a gateway to Nirvana. A Mudra has various Rupees (forms) and various Arrthas (meanings). If Mudras are used without the correct use of forms and meanings, the meaning of Mudra will be distorted. The result will turn to be a fiasco.

In the text called Guhyasamaja Dhyatona Vyakhyana the entire Mudras have been divided into Dharma Mudra, Chinha and Mahamudra. Mudra which makes use of symbolic words of Mantra is known as Dharmamudra. Similarly, if Mudra is employed making use of symbols it is called Chinha Mudra. And if Mudra is used to meditate on gods and goddesses is called Mahamudra. This shows that chacha dance not accompanied by Trimudra (Three Mudras) along with Tribhangi aha. This shows that chacha dance not accompanied by Trimudra along with Tribhangi Mudra cannot be complete. Some facts about identifying chacha dance

Dikchhya (initiation) is necessary to have the knowledge of chacha song and chacha dance (which is, as previously noted, full of special characteristics.) It is only through this initiation that one can have a full grasp of chacha song and dance. The act of imparting knowledge includes the act of initiating by offering the mantra of Padma Nritya Lokesvara. The disciple or pupil that is willing to be initiated must not only be devoted to Vajrayana Buddhism but also be able to delve into the subjectmatter of Vajrayana Buddhism.

Chacha song and dance are quite different from other songs and dances. The maiden step to have a grasp of the knowledge of chacha song and dance is to do Guruvandana (salutation to the Guru) and then to propitiate Padmanrtyesvara. For this, worship has to be done with the offering of Kalasha (a metal pot for holding worship materials) and grant mantra. Purificatory rites have to be done prior to performing the alove-mentioned worship rituals. Then one's mind is purified in front of Padmanrtyesvara after the institution of the ritual of the offering of Kalasha. In this ritual, at first body, speech and mind are united by offering salutation of the elderly and venerable Gurus. Then, invoking the Vajrasatva Manadala symbolic of body, speech and mind, concentration is aspired to the extent as wished. After this, the entire Dikpalas (guardian deities), Yakasas (demi-gods, or attendants of Kubera), Gandharvas (celestial musicians, singers), Nagas, Kindarvas of all the four directions with love and compassion and Guru Mandala (the main Mandala) is laid to rest. At last, lamp is offered and Diwakar Devala (sun-god) is invoked. This is all intended as part of acquisition of energy to receive the light coming from Sukunda (a pot to hold oil) into the very inner part of the body.

Feeling of Padmanrtyesvara

Immediately after the offering of mantra of Padmanrtyesvar a (god of lotus dance), the mantra is uttered and Padmanrtyesvara is invoked or conceived. The method of conceiving is as follows:

Look at the Padmanrtyesvara seated brightly and brilliantly at the lotus with dibya (divine) eyes. Padmartyesvara is seated in a lotus. The god is seated calm, beautiful and quiet. His complexion is white. He has ten hands. In five hands in the right side he is holding Abhaya (a weapon for safety), lotus flower, an arrow, wreath of beads, tarjani (forefinger). And in his left side are pick, bow, bell, stick and bhumisparsha (ground touching) mudra. Padmanrtyesvara is therefore seated above the lotus in dancing posture. He has a crown of jewels. He has two brilliantly shining eyes. And dressed in multi-colours, he is casting glances with compassionate eyes in a joyous mood. He is worshipped every month with faith flowing incessantly from heart. It is felt that the devotee's breath is the breath of Padmanrtyesvara's own and it is felt that Padmanrtyesvara himself entered into the body of the devotee. After the attainment of this mental state, the devotee dances in a peaceful and joyous mood imbibing the very spirit of Padmanrtyescara. After this, the ritual of dancing practice ends. Thus, the continuation of this practice following Bidhibidhana (the rules and formula) in a disciplined manner constitutes a proof of success.

Practice of chacha dance

Prior to starting the dancing act, the person performing the dance must be lost in thought with cheerful mind. If mind is not prepared for this act, the visualisation of the god or goddess in mind and the feeling matching with his or her character cannot be attained. In the absence of this, the dance loses delicateness and matching flexibility and as a result the dance does not become natural and charming as desired.

While performing the chacha dance, the dancer stands awry, moves the entire body in an artistic manner, equips himself or herself with spiritual and devotional feelings. After composing with all these qualities, the god or goddess in whose name the dance is to be performed has to be imbibed in spirit. Dancing is initiated by Samapada (equally balanced foot) which means that when standing both the feet have to be raised erectu turn by turn. After standing thus, back of foot is joined to have the Vajra seat. After having the Vajra seat, she must sit in the seat of Mandala by bending the legs a little. After occupying this seat, chacha dance is started in the awry position by bending head and body a little. In this dance, legs removed in four different stages. Legs must be moved in such a way as to move all the parts of the body. The sequence of dance follows with Alindhapada (embracing pose), Pratyalindhapada achita (suchipada), Kachita (vajrasuchipada). And after the ceaseless movement of feet dancing is performed with Lalitasana, Vajrasana, Padmasana and various other poses. This is the way, the tradition, of chacha dance.

Creators of chacha so far

Chacha song and dance is an ocean in itself containing the very philosophy of Vajrayana Buddhism because it expresses the highest truth in poetic and musical style demonstrated in the form of dances on the occasion of Chakra puja, Ahoratra puja, Sadhana puja in Agama puja. For perpetuating the tradition of gunya puja, chacha singing and dancing, and introducing most mysterious Agama puja, we cannot never forget the contribution made by our ancestors. Forty years ago, this tradition was displayed to the people. Those who took the unprecendented step were Sanukaji. Vajracharya Chinikaji Vajracharya, Saptamuni Vajracharya, Guhyaharsa Vajracharya of Kathmandu and Pandit Vaidya Ashakaji Vajrachaya of Lalitpur. Late Pandit Chaityaraj Vajracharya of Lalitpur and Ratnakaji Vajracharya of Kathmandu followed their footsteps.

It is because of their meritorious efforts chacha dance gained in popularity in Nepal and in the world. For this, we must extend heart-felt thanks and gratitude to them. It was indeed a case of their encouraging patience and initiative. Their contribution in the history of chacha will be written in golden letters. The exposition of the rich culture and the treasure of Vajrayana Buddhism contained in the chacha and chacha dance in the face of damaging criticisms is indeed their invaluable contribution. It is happiness to note that the tradition is still alive. There are Vajracharyas in the Nepalese society who even now criticize the steps taken for promoting chacha.

It is a matter of joy that it is because of the involvement of the leaders of chacha movement that the chacha has been included in the curriculum of the arts campus and the University. Organisations and institutions have been established to launch programmes for demonstrating chacha songs and dramas in clubs and theaters. Inspite of this, if we look at the future of chacha, there is no room for satisfaction. There is a

feeling that chacha programmes have been held to suit the taste of the audience, even though much of the content of the programme is far fetched from the true spirit of Vajrayana Buddhism.

Conclusion

Considering the sad condition of the Chacha in the Kathmandu Valley, a group of enthusiastic Varacharayas and Shakyas established a Dance Mandala. This Mandala was established in Nepal Samvat 1116 (1996) with the objective of introducing the chacha in its original spirit truly representative of the essence of Vajrayana Buddhism.

In fact, in this fast changing work 40 years is a long period. Even then, chacha has not become popular among the people to the desired extent. It would not be too far to say that the Vajracharyas and Shakyas have remained away from taking initiative in this direction due to social criticism. The political and economic disparities and incongruities in Nepal are not less responsible for the decline of popularity of Chacha.

In order to preserve and protect the historic tradition of chacha in the Kathmandu Valley, Vajracharyas and Shakyas have kept alive the chacha, the worship of bahas and bahis and the ritual activities connected with the chacha. They have to guard against further deterioration of this tradition. It is time that chacha must not be confined to Agama ritual but it must be improved and preserved employing its various positive aspects as far as possible. The bahas and bahis which have a pride of place in Nepal must be developed as seats of Buddhist learning and culture as in the past. For this, Vajracharyas and Shakyas have to move ahead thinking the ways and means of developing their rich cultural heritage in tune with the challenges of time. It is only through this outlook that the Buddhist cultural heritage of the Kathmandu Valley can be preserved for years to come.

REFUGE PRAYER DANCE

OM GURU BUDDHA GURU DHARMA GURU SANGHA TATHAI BACHA

GURU VAJRADHARA-SCHAIVA TASMAI SHRI GURUVE NAMO (3X)

Panch Buddha

Atashi kusumarana sankasha deha purba mukha sri dira dasanam smell every where body east face elephant riding soft arose Dhura dantaka bigna birgita namami sri achheve muriti far obstacles destroys victory homage to Achheve face Sugata sumarana mahoratram buddha remembering great having Baradha krita nara lokesham moche banchitta manasham blessing head men all liberation dividing all men swami charana ratna sri supreme on feet diamond dachhina mukha sri ratnasambhava biyaba sampadha dayakam face sri ratnasambhava this world equal giving south Udita subarna sankasha deha namami sri turanga bahanamm mid day sun golden light body namami sri horse riding Naba udita rabi kirana deh yoga muruti dharita risen sun bright light body vogic face having Mayur bahana dhyana muruti namami sri amitabham peacock riding meditation face homage to Amitambha Saptya phanimaya alankrita harita barna biragitam seven snake around the bady green color having Utara mukha sri Amoghasiddhi namami sri garuda bahana north face sri Amoghasiddhi homage to garuda riding Indu kumuda bikasha deha tridasha bhubana pratipalita lily flower smell every where body three ten take caring (give food) Singha bahana dhyana murti namami sri bairochana lion riding meditation face homage to Bairochana Gagana bindu kumara bandana batsara sri nepalikam sky(0) drop (0) bachelor (6) face raining in nepal Gita granthita kumuma mala namami sri dharmadhatu sarana song compose flower garland homage to dharmadhatu on feet

Manjushri

Raga (melody): Nata Tala (meter): Jati

Sri maha Manjushri maha china bijaya Great manjushri great china coming Nepal mandala majhhe padma giri nibasita Nepal mandala center flower mountant dwells

Namami namami sri manjughosha

Homage homage to who speck universal **Kumkuma barna deha ekashya chatura bhuja?** Yellow color having once face four hands

Dahina bhujaya khargha sara dhari Right hand sword arrow holding Baame bhujaya pustaka dhanu dhari Left hand book bow holding

Achhetu mandala sri manju kumara Indestructible Mandal manjusri youthful Subarna paduka bandita puja Golden feet bow offering

Sata guru prasadhe riddhi shiddhi data

Lineage guru offering wisdom accomplishment giving **Bhanayee sri swota vajra gita charita** Speck by swota vajra song compose *Lokeshvara* Raga (melody): Nata Tala (meter): Jati

Sita barna eka mukha dwoya netra White in color one face two eyes

Bibidha ratna mauli laungkrita deha Splendid jewels crown on head having

Namami namami sri karunamaye Praise praise to compassionate

Loka udharita dukha nasita All beings liberator sorrow destroyer

Sirasa amitabha dharita On head amitambha Buddha having

Bichitra bastra kati bestita dhara Brilliant garments waist having

Dahine bhuje abaya kara dhari Right hand bestows gesture

Baame bhuje nilot pala dhari Left hand blue lotus holding

Lokeshwor charane bandita pade Lokeshwor take refuge bow feet

Bhanayee kulisa ratna gita charita Singer vajracharya ratna song compose.

KHARGA YOGINI

RAGA:- GUNJALI

URANGA ABHARANA SRI RITU TANU SHOBHA//

Snake wearing who season young beauty

INDRA NILA DUTI PNINGALA KESHA// DHU//

Heaven blue long curly hair

JAGATA ANUKAMPA KRIPA GUNA DEVI//

All keep in heart love acknowledging goddess

DUSTA MARA BIGNA NASANI DEVI// DHU//

Wild enemy destroy goddess

RAKTA NAYANA TRINIRUDRA MALA//

Red(bloody) eyes three powerful garland

KHARGA KARTI KAPALA NILOTPALA // DHU//

Sword cheaper skull cup blue lotus

BYAGRA CHARMA BASTRA PRATYALINDHA//

Tiger skin dress pose

KHARBA LOMBODARA SAWA KRANTA// DHU//

Sort big belly negative stamping

CHARANA SHARANA SRI UGRA TARUNI MATA//

On the feet bow to wrathful form of mother

BHANAI AMOGHA VAJRA GITA CHARITA// DHU//

Spoken by Amogha vajra song compose

BIDHYADHARI DEVI/ AKAASH YOGINI (Sky Dakini)

RAGA: Trabali

TALA: Trihura

BHANU MANDALA MAJHE VIRASANI DEVI/ blazing light mandala middle herione goddess

NAGNA KIRITA SHOVA TRINA LOCHANA// naked crown beauty three eyes

NAMAMI NAMAMI SRI BUDDHA DAKINI DEVI/ bow and take refuge in splendorous buddha dakini goddess

HRIDDHI SIDDHI MOCHHA PHALA PRASADA// wisdom skillful means liberation fruit I offer

DAHINE KARTI BAME KHATAPARA DHARI/ right hand chopper left hand skull cup I hold

RAKTA RUPI DEVI GAGANA VASINI// blood-red face goddess in sky I live

RATNA NAUPURA DHARI ODHIYANA PITHE/ jeweled ankle bells I wear (I come from) cremation grounds

SRIBIDHYADHARI DEVISURANARABANDHITA//Splendorous Holder of Knowledge goddessall creaturesI am bound to

SATAGURU CHARANE SRI KULISHA GITA/ all the gurus bow to their feet (with) sri kulisa's song

JANMA JANMA MORU SIDDHI PHALA PRASADA// life time after life time forever accomplishment fruit is bestowed

<u>Nairatma</u>

Raga (melody): Mangalbasanta Tala (meter): Khantankhara

Nira atma sri nairatmna Blue soul nairatmna Nira sama deha dwoya buja Blue equal having two hand

Hevajra alingana sukha sayala Hevajra embration joy pleasure Jagata mata gina janani World mother Buddha earth

Mokhuta kirita sukla mundha Crown on head skull garland

Vajra karti dara dahine Vajra chopper having right hand

Baame khatpara khatwangha dhari Left hand skull cup staff having Nara charma pratyalingha deha Man hide dancing pose

Tandaba bhahaba sawa kranta Trampling corpse negative forces Kulisha taba chadane sadanam Kulisa(vajracharya) take refuge in feet.

KHARGA YAGINI

RAGA:- GUNJALI

TALA:- JATI

URANGA ABHARANA SRI RITU TANU SHOBHA//

Snack wearing who season young beauty

INDRA NILA DUTI PNINGALA KESHA// DHU//

Heaven blue long curly hair

JAGATA ANUKAMPA KRIPA GUNA DEVI//

All keep in heart love acknowledging goddess

DUSTA MARA BIGNA NASANI DEVI// DHU//

Wild enemy destroy goddess

RAKTA NAYANA TRINIRUDRA MALA//

Red(bloody) eyes three powerful garland

KHARGA KARTI KAPALA NILOTPALA // DHU//

Sword cheaper skull cup blue lotus

BYAGRA CHARMA BASTRA PRATYALINDHA//

Tiger skin dress pose

KHARBA LOMBODARA SAWA KRANTA// DHU//

Sort big belly negative stamping

CHARANA SHARANA SRI UGRA TARUNI MATA//

On the feet bow to wrathful form of mother

BHANAI AMOGHA VAJRA GITA CHARITA// DHU//

Spoken by Amogha vajra song compose

Akasha Yogini shloka

DAKINIYA	SARVA	BUDDHA	SAKALA	BAIHARA	BYAPINI	BISWO	MATA
Dakini	all	Buddhas	every	fear	known	earth	mother

EKASHA RAKTA BARNA TRINAYENA MUDITA KECHARI SHRESTHA SOBHA

red

color

3 eyes face

PRAJWALLADIBYE DEHAGAGANAKRITA PADADWOYA BUJAMUKTA KESABlazinggreatformskyheadfeet2armscrownhair

KATVANGHA BAME PATRA DAHINE KARTIKA DHARINI SWORGA RUPA Katvangha staff left hand bowl (skullcup) right vajra chopper holds heaven form



Vajra Yogini

RAGA:Godagri TALA: Matha

BAMA KHATAPARA DHARI DAHINE KARTI DHARA

Vajra yogini holds a skull bowl in her left hand and crescent- shaped knife in her right.

PAYALA NAUPURA MUNDHA MALLA BHUSITA

She wears a garland of skulls, and on her ankles are bells

TRINI LOCHANA DEVI TRIBHUBANA PRABISE

She is the goddess with the third eye of omniscience and pervades the universe.

// DHU//

NACHAII AKA JATI VAJRA YOGINI Dancing vajra yogini who have only one top knot

STHULA SUCHHAMA DEVI NIRANJANA DEVI Like an subtle essence she pervades the cosmos.

SUNYA PATRA DEVI SUNYA SWOBHABE Her very nature is that of emptiness.

AKALA MRITYU DWAYAPASENA BANDIRE She banishes disaster and death

RAGA DWASHA MOHA KARATINA CHHEDITA She destroys envy, hatred and lust.

SRISTI SHANHAR DEVI TARUNI DEVI

She is the creator and she is the destroyer, crossing the samsara

Vajra yogini

Raga :- Vibhasa

Tala:- Matha

Nagna makuta kesi lohita varna deha Necked crown hair blood color have Tribhuvana Vyapita dahine karti three world known right karti

Namami Sri vajra yogini saranam namaste sri vajra yogini bow

Vame khatpara karvanga dhari left skull cup staff holding Trinayogi prajwalita sthita three world blessing light

Kutangara manohara mandalastaffjoymandalaTaruni mandala majhe prajvalita dehayoungmanualmeddle light

Sahajanada rupini sri vajrayogini 4 joy form sri vajrayogini Namami sri vajrayogini namami sir vajrayogini

<u>Kurukula</u>

Raga:- Jati Tala:- Nata

Tribhuban janani sri kurukula devi//

3 world mother Rakta barna makuta kesi trina yana// Bhu// red color crown hair 3 eyes

Namami devi sri kurukula tara// Namami goddess sri Kurukula Tara// Chatura bhuja karti katpara sara dhanu dhari// Bhu// 4 arms chopper skull cup arrow bow holding//

Rahu mastaka sthita nritya padha dhari//

negative forces blissful stay dance feet having

Natha sodasa bhuja alingana chuban//Bhu//

leader 16 arms embracing kissing

Tribhubana byapita nila barna deha// 3 world famous blue color having Tumah brana devi annutara sagram//Bhu// universal color path purity victory battle

Piwaire maha rasa sud stri deha// Highest nectar great(internal) eyes having **Namami sri devi loka udharita** // **Bhu**// I bow everyone liberation

Bhanai kulisa ratna gita charita// composer vajra jewels song compose Janma janma sri kurukula sarana// Bhu// life time 2 to kurkula bow

<u>Singha Mukha (Lion Faced Dakini)</u>

Raga (melody): Travali Tala (meter): Trihura

Shingha Mukhi devi sweta barna nila tri netra

Lion face goddess white color blue three eyes Eka mukha urdha ganala rakta kesa One face flying curly red hair

Tena hung hung tena hung hung Stomping and dancing Rhythm of the mantra **namami namani sri shingha mukhi devi** Homage homage great lion face goddess

Dwoi bhuja dahine vajra karti dharita Two hand right hand vajra chopper holding **Baame bhuje pancha mrita rasa patra** Left hand five nectar taste skull cup Chapaye khatwangha baame kare sawasanam Crook of the hand staff left hand stomping negativity Gharjeeta gunjana trasana ripu haranam Thunderous roar fear pervasive destroys

Nara cherma naga chearma byagra charma Human hide snake hide tiger hide **Bhushita digambhara rakta barna** Having on body naked red color

Yogini mandala mahje nachahire Dakini mandala center dancing Sawa hidaye pari tandaba bhahabe Negative heart on stomping emotions

AA ga waya kulisa acharane gita charita This song kulisa(vajracharya) song compose Janma janma yogini mandala padam Life time after life yogini mandala being <u>Amoghasiddhi Arya Tara</u>

Raga (Melody): Lalita Tala (Meter): Japa

Harita barnaghi yeka mukha dwoi nayena Green color one face two eyes

Bibida bastra abarana gyana rupa Difiere dress wearing knowledge face

Namami sri Amoghasiddhi sri Arya Tara Homage to Amoghasiddhi and Arya Tara

Pragyunpaye murti sunye sobhawa hetu Union face emptiness nature having

Pindhapatra dharani abaye dayeni deva Beging Bowl holding blessing giving god

Sapta phanimaye vajrasana sthita Daiana Seven snaks full lotus pose meditation

Nilot-pala dhari bara dahini devi Blue Lotus holding bestowing goddess

Lalitasana sthita akala mrityu nasani

Confortable pose untime death destroyer

Pragyanpaye hetu sunye sobawa murti dyana

Wisdom path emptiness nature feger meditation

Nirvana hetu karuna gawonti kulisa sadanam

Enlightment path compasión singer vajracharya blow.

Basundhara

Raga:- mangalbasanta Tala:- khatankara

gandha mandal maghya ban kara sanjatasmellingmiddlemiddleBAM appeardwai bhuja yeka mudha prithibi devitwohand one face earth devi

eyehehi mahadevi prithibi mata only one great goddess earth mother

sarba ratna sampurna bhudita all jewel everything wearing

pita barna samerupi devi yellow color charming face devi **sabe abhaya kara lokasan tarani** right giving hand all beings to cross

kanaka bhadra gata bame kara dhari right hard blessing all being occean of suffering hara noupura nirghosa basundhara jewel ankle bells indescribable Basundhara

sloka

Ba sundhara sada nytwa dharidra namatarani Basundhara always bowl bad / suffering people crossing **desa yami manushana sarba dukha pramochani** country abide humans sentient being all suffering liberation

Pancha Tara Raga:- Nata Tala :- Jati

Yan kara sanjata sri lochani tara // Yan bij mantra appering eyes tara Shukla barna sara chadra kara dhara /Bhu// white color like clear moon having in body

Namami namami sri Arya Tara janani // Namami namami sri mother tara Asta maha bhaya tarani devi// Bhu// eight great fear destroy goddess

Ban kara sanjata sri mamaki tara // yellow tara Kanaka barna gata dhanyan manjuri dhara //Bhu// yellow color vessel meditation softly having Man kara sanjata sri padhmani tara // flowers tara Lohita barna dhana bahana kara dhara // Bhu// red color meditation face who have Yan kara sanjata sri arya tara devi //

Harita barna nilotpala dhara devi //Bhu// green color blue lotus having goddess

Mun kara sanjata sri puspa tara devi // flowers goddess Nila barna rupa bakra kara dhara // blue color beautiful face having

Janama janama sri bairochana sharane // life time and life time bairochana bow Bhanayee sri kulishacharya gita charita// Bhu// singer sri vajra master song compose

Sapta Lochani Tara

Raga :- lalitagujali Tala :- Jati

Sapta Nayan Eka Bakra Vajrasana Seven eyes one face vajrasana Makuta Keshi Ratna Lankrita Deha Crown hair jewel on head having

Namami Namami Sri Lochani Devi Tara Namami Namami eyes goddess Tara Dwoya bhuja Abhaya Nilotpala Dhari Two arms bestowing blue lotus holding

Panch Suchelak Bastra Dhari DeviFive flying dresshaving goddessAkala Mritya Nasani bhaba Bhaya Haraniuntimely death destroy any fear passed through

Buddha Sashaka Rachheka Eka Janani Devi Buddha times protected one mother goddess Hima Barn Devi Tribhubana Dyapita Snow color goddess three world known

Anutara Gyana Dayani Devi charane Sacred knowledge giving goddess feet Gawanti kulisa Ratna Janma Janma Sarane Singer Kulisa Ratna life time after life time bow



Arya Tara/ Green Tara HARITA VARNA LALITASANA EKA **BAKRA**/ Green color comfortable ease pose face one DUOYE DRISTI **KIRITA** RATNA MANI MANDITA// jewels sparkling like diamonds crown Two eyes crown NAMAMI NAMAMI SHRI ARYA TARA DEVI/ Bow /honor Bow /honor splendorous Noble Tara Goddess BYA PITA// AKALA MRITYU NASANI **TRIBUBHANA** Untimely death cuts through three realms known **PRABYASTE** DAHINE **ABHAYA PRADATA**/ Right hand fearless giving VAAMA BHUJAYE **NILOTPALA** DHARITA// Left hand blue lotus holding PANCHA CHIRA BASTRA **SUCHELAKA DHARITA**/ Five colors clothing flowing scarves wearing JINA GYANA DAYANI MOCHA PRADATA// Buddhas' wisdoms giving liberation giving **ARYA TARA** CHARANE JANMA JANMA SARANAM/ Noble Tara lifetime feet lifetime bow

GAWONTI	KULISHA	RATNA	GITA	CHARITA//
Composer	vajra	ratna	song	written

<u>Shloka</u>

NAMASTARETUREVIRETUS TAREBHAYANASANIBow toTarathe onepowerful(soft and gentle Tara)fearscut through

(2x) TURE SARBARTHA TURE TARE SVAHA KARAM NAMA MEHAM the one throughout the world the one Tara she destroys[all harmful things] bow

<u>Annapurna</u>

Raga (melody): Karnadi Tala (meter): Jhapa Urangha asana sweta annana tri netra Snake rides white in color three eyes Kirita mani ratna langkrita deha Crown diamond on head having

Jagata anukampa kripa annapurna devi Universe all beings love Annapurna goddess eka mukha asta buja visanam one face eight hands rat full

Dahine patra karga vajra ache sutra Right hand skull sword vajra mala **ame bindu phetaka ghata kalasa**

Left perfume sealed bell vase

Dusta mara chedani riddhi siddhi dayeni

Enemy temptation destroys wisdom and compassion giving **Pancha mudra abharna nara sila mala** Five ornament wearing human head garland **Twon devi sri prajwalita sthita** That goddess blessing light having **Taruni mandala maaje pramudita** Young mandala center joy full

Annapurna devi jagata palita Annapurna goddess world nourishes Gyane swori janma janma sadanam Knowledge mother life life pray

Mayan Jala

Raga:- Deshasa Tala:- Matha

Mayan Jala Binbu Sadrisa Sarira Moha Maya Daharpa Chadire Maya Moha Ehe Sansara Asara Raga Dowasa Moha Chhadiyare Nira Asha Anamisa Nayana Drida kuruya Umamari Kkrita Dustra re Punyadu Sahaja Ravabana Uda Nagata Dhariya Yaswoya Parame Sawa Sare Kurupe Awaa Tuba Udaya Chandra Paya Prasade Gawanti Niradukha Papa Bhaba Chakratori Bore.

This dance is not dedicated to any specific deity. It is the expression of the reality of samsara. The Sanscrit term "MAYA JALA" means literally net of confusion. We have to be free from all negative attachment and realize that this body and everything surrounding us is but a reflection that we see in the mirror. This song is sun g during the annual memorial celebration for the dead.

The network of confusion appears as a reflection before our eyes beware of the delusion that deceives our bodies like a reflection in the mirror.

The world is empty when hatred, greed and ignorance have disappeared from our hearts.

Our eyes, fully of rainbow colors, only want to see the good and nice.

Whatever negative things bodily exist; they can be a teaching for humanity.

Whatever distortions may exist, they are not the right way.

If you take refuge to the divine energy, you will see the beauty of the world.

Like the moon rising in the sky, full of peace and compassion

If your speech is sincere, all sufferings and sins will be overcome, say the writer of this song.

Rakta Ganesh: Raga (melody): Danasri Tala (meter): Jaspati

Gaja mukha trinayani tandhabha padam, nritya di pati Ganeshswora Elephant face three eyes dancing feet lord of dance ganesh

Mani mukuta ratna abharana taruni kirana sankasa Diamonds crown Jeweled wearing young luminous light.

Mariya bigna mariya darpana mariya dukha binasita Temptation corruption temptation mirror sorrow destroys

Mariya mara santrasa meruwo dukha nasita Temptation of fear Mt.meru sorrow destroys

Bichitra bastra kaachuka kati besa Splendid dressed shimmering on waist

Jata mokuta mani mandita Topknot crown diamond on head

lombodhara dhrita lombodhara swobha payela big belly endowed large belly beauty on feet **Ghili ghili basante** Chime and sound

Ratnakara dharita ratna jolita mukhika muka ati sundura

Jewels having jewels spending beautiful face unexpected beauty

Dhina dhatwa sama sukha data namastu namastu gana dipati All timer equal happiness giving homage homage leader ganesh/

Vajrabir Mahakal Raga (melody): Hindol Tala (meter): Khatankar

Bhagawana bira vajrabira mahankala, Magnificent and potent powerful mahankal **krisna barna trinayana Urda pingal kasha** dark blue color three world flying Corley hair

kirita achheve dwoya kara dhari crown achheve two arms having karti khatpar kharba lombodhara chopper skull short big belly

namami sri sababhaya haranam sangrame parachakra dusta nasanam homage to all fear destroys battle victory enemy destroys

pralayagni ribota bhasham jolita sabanga visanam milting body burning flam all body woeful sandajdha kutilakara karkasha dharane sthula grataye pralambita flashes different angel grotesque figure huge coming out belly mohadaram joyful

jaghoru hastaya sarbanga sundaram, bikata rupaya dustra karaline small hand all body beautiful ugly face enemy control tribhaye harana asta shidhi pradana janma janma saranagata three fear keep far away eight boon giving life life bow vajrabira charane powerful homage sataguru charane shilegata dhari, bhanai kulisa gita karane great master feet on head keek say by vajracharya compose. <u>Vajrapani</u> Raga: Kamoda Tala: Khatankara

kristan barna deha dwoya bhuja drak blue color having two hand

dratra pidita vishama badana bar teeth dreadful face

urdra kesha ulamanta vesa chaumara trasana bira flying hair terrifies enemies four temptations victor

Buddha sasaka rachheka yuge guhe vajrapani namami Buddha time protection eons sacred vajrapani bow

dahine vajra bame ghanta, khatapara prajolita sthita right hand vajra left bell skull crown stamping pose

nagabharana bibidha ratna linkrita deha kati byagra charma snakes adorned different diamond on head wast tiger skin

bahubala dharya ripugana marthana satwaprani udharita maha deva extraordinary power all being libration great god

Buddha	Vairochana	Akshobhya	Ratnasambhava	Amitabha	Amoghasiddhi
Family	Buddha	Vajra	Ratna	Padma	Karma
Color	White	Blue	Yellow	Red	Green
Direction	Center	East	South	West	North
Element	Water	Space	Earth	Fire	Air
Wisdom	Complete	Mirror-like	Equality of All	Discriminating	All-
	Understanding		Things		Accomplishing
	of Reality				Action
Poison	Delusion	Hatred	Pride	Desire	Jealousy
Mudra	Dharmachakra	Bhumi-sparsha	Varada (Giving	Dhyana	Abhaya
	(Teaching)	(Earth- touching)	Blessings)	(Meditation)	(Fearlessness)
Symbol	Chakra (Wheel)	Vajra (Indestructible)	Ratna (Jewel)	Padma (Lotus)	Vishva Vajra- (double vajra) (Indestructible Reality)
Vehicle	Lion	Elephant	Horse	Peacock	Garuda

Pancha Buddha- The Five Buddhas



VAJRASATTVA 100 syllable mantra

OM VAJRASATTVA SAMAYA MANU PALAYA Om Vajrasattva! I am committed to your practice VAJRASATTVA TENO PRATISTHO You are the indestructible one DRIDHO ME BHAVA Please guide me and empower me SUTO SHYO ME BHAVA May I be satisfied SUPO SHYO ME BHAVA May everything be clear to me ANU RAKTO ME BHAVA May I be receptive to your infinite blessings SARVA SIDDHI ME PRAYENCHA May I be fulfilled with all attainments SARVA KARMA SU CHA ME May I understand the effects of my karma CHITTA SHRIYAM KURU and live in a true way from the heart! HUNG HA HA HA HA HO BHAGAVAN Oh Vajrasattva, Master of all, may I always rejoice! SARVA TATHAGATA VAJRA MAME All those who are indestructible, MUNCHA VAJRI BHAVA may I understand that you are always with me. MAHA SAMAYA SATTVA AH This is the blessing of the Great Commitment Being